



# LUNCH AND LEARN VIRTUAL WORKSHOP SERIES



**Friday, December 12, 2025**  
12-1pm

## Guiding the Way: Essential Strategies for Professionals Supporting Families in the Transition Process

Presenters: Nicole Fried, Supervisor of the CAPE Center and Melissa Blanchard, Avidd Community Supports and SE coordinator.

This session will focus on helping families prepare for the journey to adulthood by breaking it down into simple, practical mile markers. Together, we'll explore strategies and resources that make the transition process less overwhelming, empowering professionals to guide families with confidence and clarity every step of the way.



**Friday, January 23, 2026**  
12-1pm

## Guardianship 101 for School Professionals

Presenter- Disability Rights

This session will provide school professionals with an overview of the basics of guardianship for students with disabilities, followed by a detailed discussion of alternatives that support individuals in maintaining the greatest possible autonomy. Presented by Disability Rights, this training will help professionals understand less-restrictive options and how to guide families in making informed choices.



**Friday, March 6, 2026**  
12-1pm

## Understanding the DDD Budget and a Guide to the Services Available

Presenter Trisha Bailey, Trainer/Community Liaison, NJ Support Coordination @ Caregivers of NJ

This webinar will give school professionals a clear overview of the DDD Budget and the services available through DDD, equipping you with the knowledge to better guide and support families of students with special needs

**REGISTER NOW**



**James J. Tedesco, III**  
Bergen County Executive

**Bergen County Board of Commissioners**

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